



U.S. ARMY SPECIAL FORCES **COMMAND (AIRBORNE)** ***BIOGRAPHICAL SKETCH***

*U.S. ARMY SPECIAL FORCES COMMAND PUBLIC AFFAIRS OFFICE
FORT BRAGG, NC 28310 / (910) 432-4587 / <http://www.soc.mil>*

CAPT. KENT G. SOLHEIM

Captain Kent Solheim was born Nov. 30, 1972 in Oregon City, Ore. He graduated from high school in 1991 and later enlisted in the United States Army as a cavalry scout.

He attended One Station Unit Training in Fort Knox, Ky., and was later assigned to Charlie Company, 2nd Troop, 1st Squadron, 10th Cavalry Regiment at Fort Hood, Texas. Solheim served four years at Fort Hood before being selected to attend Officer Candidate School at Fort Benning, Ga. He graduated from OCS in May 1999 and was commissioned as an armor officer.

Solheim was sent to 1st Battalion, 72nd Armor Regiment at Camp Casey, Korea where he served as both a tank platoon leader and a scout platoon leader. There he completed his Bachelor of Science degree in Occupational Training and Development from the University of Louisville, and went on to complete a Master of Science degree in Human Resource Education.

In 2004, Solheim graduated from the SFQC and was assigned to SFODA 362, Charlie Company, 2nd Battalion, 3rd Special Forces Group (Airborne) as a detachment commander. He immediately deployed to Afghanistan in support of Operation Enduring Freedom during the Afghanistan parliamentary elections. Solheim returned from this deployment and again deployed in June 2005 to Afghanistan, where his SFODA participated in Operation Redwings.

Following this deployment, Solheim was reassigned to SFODA 355, Bravo Company, 2nd Battalion, 3rd Special Forces Group (Airborne) as a detachment commander. In July 2006, he deployed to Baghdad, Iraq, in support of Operation Iraqi Freedom. Following this deployment, Solheim was assigned as the executive officer for B Co., 2nd Bn., 3rd SFG(A). In 2007, he again deployed to Baghdad. On July 27, 2007, Solheim was wounded during a firefight in Karbala, Iraq, during Operation Volcano II. After his recovery, he was assigned to Headquarters and Headquarters Company, Support Battalion, 1st Special Warfare Training Group (Airborne) at the U.S. Army John F. Kennedy Special Warfare Center and School, where he currently serves as the company commander.

Solheim's military education includes the Armor Officer Basic Course, the Infantry Officer Advanced Course, the Special Forces Qualification Course, the Special Forces Advanced Reconnaissance, Target Analysis and Exploitation Techniques Course, the Special Forces Combat Diver Course, U.S. Army Ranger School, and the U.S. Army Jumpmaster Course.

His awards and decorations include the Silver Star Medal, Bronze Star Medal with two Oak Leaf Clusters, Purple Heart Medal, Meritorious Service Medal, Army Commendation Medal with three Oak Leaf Clusters, Army Achievement Medal with seven Oak Leaf Clusters, Good Conduct Medal, two National Defense Service Medals, Armed Forces Expeditionary Medal, Iraqi Campaign Medal, Afghan Campaign Medal, Global War on Terrorism Medal, Korean Defense Service Medal, NCO Professional Development Ribbon, Overseas Service Ribbon, the Combat Infantryman Badge, Joint Meritorious Unit Award and foreign jump wings from Germany.

Solheim is married to the former Trina Leard, and is the father to Brook and Summer Solheim.

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